

The Chronicle

Capturing Moments, Celebrating Achievements

Issue 4 / Q4 / 2025 (July 2025 - September 2025)

Feature Story





Visit to Rashtrapati Bhawan

A group of 141 students and 12 teachers from our school had the unique opportunity to visit the Rashtrapati Bhawan, New Delhi, the official residence of the President of India. The visit was both enriching and inspiring, offering lessons in history, heritage, and democracy. The students explored the North Drawing Room, Ashok Mandap, Banquet Hall, Ganatantra Mandap, Jaipur Column, and admired the grand Lord Buddha statue forecourt. Walking through these majestic halls gave them a glimpse of India's architectural brilliance and democratic legacy. The visit to the Amrit Udyan was another highlight, where students enjoyed the colorful flowers and sprawling gardens. They also toured the Rashtrapati Bhawan Museum, which beautifully showcased India's journey from partition to the present day, along with priceless gifts and artifacts from around the world. The trip turned out to be a memorable and educational experience, leaving students inspired with a deeper understanding of India's cultural heritage and leadership legacy.

Shiksha Ratan for Teachers



It is proud moment for our school that our esteemed teachers, Ms. Inderjeet Kaur (PGT Geography) and Ms. Mani Sains (PGT Chemistry), have been honoured with the Shiksha Ratan Award - Jewels of Education at CT University, Ludhiana, on September 13, 2025. This prestigious recognition is a testimony to their outstanding contribution in education, their creative classroom practices, and innovative teaching methods.

Students Felicitated by Dainik Jagran



The meritorious students of our school were felicitated by Dainik Jagran for their exemplary performance in the Board Examinations. The ceremony, graced by the Hon'ble Mayor of Ludhiana, Ms. Inderjit Kaur, acknowledged the academic excellence of young achievers. Our students, Aishpreet Kaur Panajch (Class X - 97.2%), Lovemeet Kaur (Class X - 96.6%), Gurjot Singh (Class X - 95.6%), and Harshbir Singh (Class XII

- 91.8%), brought laurels to the institution with their outstanding results. Our school extends our gratitude to Mr. Amit Sharma, Chief Editor of Dainik Jagran, for providing this platform of recognition.

Tribute to Shaheed Udham Singh Ji

The students and teachers of our school paid homage to Shaheed Udham Singh Ji on his martyrdom day, honoring his courage and sacrifice for the nation. The observance served as a reminder of the eternal debt we owe to our freedom fighters.



Scholars' Felicitation Ceremony



The first ever Scholars' Felicitation Ceremony was organised on July 26, 2025. This prestigious event was introduced to recognise and reward the exceptional academic achievements of our students, fostering a culture of excellence and perseverance. The ceremony was honoured by the presence of Dr. Amandeep Tangri, Director of CT University, who graced the occasion as the Chief Guest. Students who scored above 95% in grades I to III and above 90% in grades IV to XII were awarded Scholar Badges to acknowledge their academic excellence. Additionally, students who maintained 100% attendance throughout the academic session were also recognised for their dedication and consistency. Special recognition was given to the board exam toppers of grades X and XII, who achieved over 90% in the board exams, celebrating their hard work and outstanding performance. The ceremony was a proud moment for our school, marking the beginning of a tradition aimed at motivating and inspiring students to strive for greatness. The event concluded with a message emphasizing the ongoing commitment to academic excellence and holistic development.

Health Care: A Must



The school organised a dental check-up for students of grades V to XII, which is conducted by expert dental professionals to promote oral health. Expert dentists provided insights and recommendations, highlighting our school's commitment to student well-being. This initiative highlights our school's focus on fostering a nurturing environment for students for building lifelong healthy habits.

MIS Hosts 69th Punjab School Games (Badminton)



Our young champions brought glory to the school at the 69th Punjab School Games (Zonal Level), organised by the Education Department of Punjab and hosted at our school, where more than 70 schools competed for top honours. In U-19 Boys category, Ritik Bansal (XII), Aadit Dhingra (XI), Harshveer Singh (XI), Gurkirat Singh Mangat (XI), and Gurjot Singh (XI) displayed commendable skill and teamwork to secure the third position. In the U-14 Boys category, Dilraj Singh (VII), Anshdeep Singh (VII), Harshaan Singh Mundi (VII), Ayaan Bector (VIII), and Hardik Lamba (VIII) performed exceptionally, clinching the second position and silver medal. Their dedication, hard work, and team spirit have made the entire school proud.

Jaskaran gets Glory at National Stage



At just 10 years old, Jaskaran Singh, a grade 5 student has brought immense pride to the institution by winning the Bronze Medal in the -35 kg category at the All India Independence Cup Championship 2025, held in New Delhi. His remarkable performance at such a young age is not only a testament to his dedication and perseverance, but also a shining source of inspiration for his peers. Jaskaran's victory reflects the school's commitment to nurturing talent and encouraging students to chase excellence beyond classrooms.

MIS Championship Trophy 2025





The school hosted the second edition of the MIS Championship Trophy - an exclusive interschool basketball tournament that has quickly become a prestigious sporting event in the region. The championship, held over three thrilling days from August 4 to 6, witnessed spirited participation from eight schools in the Boys' category and seven schools in the Girls' category.

Boys' Category Results

- 1st Place: Garden Valley School, Machhiwara
- 2nd Place: Kalgidhar Academy Sen Sec School
- 3rd Place: Oxford School, Paval

Girls' Category Results

- 1st Place: Mount International School, Ludhiana
- 2nd Place: Millennium World School
- 3rd Place: Green Grove School, Khanna

The tournament not only showcased competitive spirit but also highlighted the values of sportsmanship, teamwork, and perseverance. With the Running Trophy as the symbol of glory, this event has strengthened our school's commitment to promoting sports culture and creating a platform for young athletes to shine.

Athletics Triumphs at 69th Punjab School Games



The students of our school outshined at the 69th Punjab School Games Zonal Level Athletic Tournament 2025-26. Our athletes displayed skill, determination, exceptional sportsmanship across multiple events. In the U-14 category, Satgunteg Singh Jhajj and Ajuni Ajit Kaur Sandhu secured first positions in Shotput, while Jasleen Kaur claimed second place. In the Under-19 Girls Shotput, Aishpreet Kaur Panaich emerged victorious with a first-place finish. Our students also excelled in discus throw, with Ajuni

Ajit Kaur Sandhu and Satgunteg Singh winning first positions, and Jasleen Kaur and Gurtaj Singh Grewal finishing second in the U-14 category. Irbanpreet Kaur and Hitkiran Kaur won first positions in the U-17 and U-19 Girls Discus Throw respectively. In the U-19 Boys and Girls Javelin Throw, Hitkiran Kaur Grewal took first place, while Prabhjot Singh and Aishpreet Kaur Panaich secured second positions. In hurdles, Karmanjot Singh finished second in the U-14 Boys 80M Hurdle, and Prabhjot Singh clinched first place in the U-17 Boys 400M Hurdle.

All our talented athletes have qualified for the upcoming District Level Tournament.

Victorious District Karate Competition



We take pride in the remarkable achievements of our students at the 69th Punjab School Games 2025 - District Level Karate Championship which is hosted by our school. Our young athletes demonstrated exceptional skill and determination, securing multiple medals for the school.

Boys Category

- Vansh Raj Kaushal (X) Gold Aishpreet Kaur (XI) Gold • Purav Jindal (XI) - Silver
- Gurbaksh Singh (X) Silver
- Amarangel Kaur (VIII) Silver • Harsimrat Kaur (IX) - Bronze
- Aditya Kaushal (X) Bronze

This grand tally of medals is not just a matter of pride but also a reflection of the dedicated training, resilience, and competitive spirit of our students.

Ritik Rewarded at District Level



Ritik Bansal, a student of grade XII, brought laurels to our school by clinching third position in the district level badminton tournament at 69th Punjab School Games 2025. The event was held at BCM school, Shastri Nagar, Ludhiana, where Ritik Bansal showcased his skills determination while representing the sahnewal zone.

Our Chess Queens Conquer Zonal Level

Under-17 Girls Chess Team won first place at the Zonal Level Championship on July 28, 2025. Team members Nandini (X), Praval Kaur Grewal (VII), Sanjana Goyal (X), Sanjot Kaur (X), and Gurnoor Kaur (IX) displayed impressive skills. Congratulations to the team and their mentor!



MIS Footballers Make their Mark

football Our team secured third position among 18 teams, with Nakashveer Singh, Rayenveer Singh, and Satgun Jhajj selected to represent Ludhiana district at 69th Punjab



School Games Zonal Level. Their spirited performance reflected discipline, determination, and sportsmanship on the field.

Students Excel in Arts and Culture









Our students brought laurels to the school at the Inter-School Competitions held at Guru Nanak National College, Doraha.

Pakhi Making: Aishleen Kaur secured 1st position

Poster Making: Shaganpreet Kaur won 1st position, Amanpreet Kaur bagged 3rd position

Nala Making: Aishmeen Kaur achieved 3rd position

Mitti de Khidone: Kashvi earned 3rd position

Solo Singing (Folk Song): Sukhman Singh secured 1st prize

Solo Dance: Himanshveer Singh won 2nd prize

Group Song: 3rd prize

Cultural Events

Independence Day Celebration





Independence Day was celebrated with great enthusiasm through a lively assembly organized by the students of Mahatma Gandhi House. The program was filled with patriotic fervor, featuring soulful songs, energetic dance performances, and inspiring speeches. A special highlight of the day was the formation of the tricolour by students in their uniforms, beautifully symbolizing the spirit of national unity. Adding to the vibrancy, the students of grades I to III presented a colourful tableau depicting India's rich cultural diversity. The celebration concluded with an inspiring address by our Principal, who emphasized the value of freedom, unity, and responsibility in nation-building.

Preserving Culture: Teej Celebration



The campus of our school came alive with music, colours, and joy as students from Kindergarten to grade III celebrated the festival of Teej with great enthusiasm. Dressed in traditional Punjabi attire, the little ones looked adorable in vibrant phulkaris and colourful parandas. The lively beats of the dhol set the mood as our young stars performed Giddha and Bhangra, filling the atmosphere with festive energy. Such celebrations not only spread happiness but also help children connect with their Punjabi roots and cultural traditions, nurturing in them a sense of pride for their rich heritage.

Learning Beyond Classrooms

MIS Delegates at IVY League MUN



A group of bright minds from our school -Kavanbir Singh Jhaji (XI), Rashmeek Benipal (XI), Barleen Kaur (XI), and Sejalpreet Kaur (XI), proudly represented the school at the IVY League Model UN Conference (ILMUNC) held at Chitkara University from August 6 to 8, 2025. Organised with inspiration from the University of Pennsylvania, the conference brought together high school students from across India for committee debates, networking, and expert-led sessions aimed at developing leadership and global awareness. Our delegates displayed confidence and diplomatic skill as they actively engaged in committee debates, defended their assigned countries with clarity, and contributed insightful questions and perspectives.

Career Insights through NEP Session





Students of grades XI and XII attended an engaging session on "NEP: Crafting Careers of the Future" conducted by Mr. Sumit Wason, Assistant Director - Educational Partnerships & Certified Career Coach at our school campus. The session offered valuable insights into evolving career landscapes, emerging market trends, and the importance of making informed choices. It encouraged students to align their aspirations with future opportunities, ensuring they are well-prepared for the challenges ahead.

Anti-Bullying Workshop for Students





An impactful Anti-Bullying Workshop for students of grades VIII to X was conducted on July 16, 2025, by the Anti-Bullying Committee. The session encouraged empathy, respect, and open dialogue, equipping students with strategies to identify, address, and prevent bullying. Through interactive discussions and real-life scenarios, students learned the importance of standing up for themselves and supporting their peers. The workshop also reinforced the role of kindness and responsibility in building a safe school culture.

Transition with Care: Empowering Teachers

Our school counsellor, Ms. Vasudha, and special educator, Ms. Harpreet Kaur Kohli, conducted an enriching session on "Transition with Care & SWOT Analysis." The workshop guided teachers on supporting students with empathy during transitional phases. Through reflective discussions, teachers were reminded that understanding and encouragement foster growth far better than scolding. The session reinforced the belief that every child thrives best in a nurturing environment built on care and patience.





Students Lead with Green Action at Mattewara Forest



Our school, in collaboration with Akhil Bharatiya Vidyarthi Parishad (ABVP), organized a meaningful plantation drive on July 18, 2025 in Mattewara Forest. The drive witnessed enthusiastic participation from students and guests. Chief Guest Shri Gaurav Attri (ABVP North Zone Organizing Secretary) emphasized that plantation is not just an act of service but a responsibility toward both nature and nation. Special Guest Shri Mohan Singh (Deputy Range Officer) highlighted the crucial role of forests in maintaining ecological balance and appreciated the awareness created through such initiatives. Eco-friendly saplings including Peepal, Neem, Mango, Amla, and Tulsi were planted, reinforcing the value of sustainable living.

Pledging for a Green Future



We celebrated Van Mahotsav with a meaningful tree plantation drive on the school campus. Students and teachers enthusiastically planted saplings of Neem, Mango, Guava, and Ashoka, pledging to nurture them with care. The event not only created awareness about the importance of trees in maintaining ecological balance but also instilled a sense of responsibility among students toward protecting the environment.



Literary Corner

Students' Spotlight

संसार की सुंदरता

संसार की हर चीज़, एक कहानी कहती है, धरती की हर धूल में, एक जान बसती है। सुबह की पहली किरण, ओस की बूँद में झलके, हर पल में सुंदरता का, एक नया रूप छलके। बहते हुए झरने, खिलती हुई कलियाँ, हर दिल में जगती है, सुंदरता की ध्वनियाँ। पानी की हर बूँद, जीवन का संदेश सुनाए, हवा की हर साँस, नई उम्मीद जगाए। पहाडो की ऊँचाई, हमारे सपनों को दर्शाए, समुद्रों की लहर, दुखों को बहा ले जाए। इंसान की आँखों में, प्रेम का रंग भरा है, उसके हृदय में, दया का सागर बह रहा है। सुंदरता की परिभाषा, शब्दों में न समाए, यह तो एक एहसास है, जो हर जगह मिल जाए। ~ शिक्षा सुमन (VIII Blue)

THE FUTURE I IMAGINE

When I dose my eyes and think about future, I see a world that is brighter, happier and more peaceful than today. I imagine a future where people are not divided by caste, colour or religion but live like one big family. There will be fewer fights, fewer misunderstanding and more love. I wish to see a time where people care for each other.

As, today people are standing with Punjab. In future world, nature will be respected. I dream of walking in clean streets with fresh air. Rivers will be clean not polluted. I want people to use technology wisely. In future, I hope there will be end of poverty.

I also imagine all girls who want to grow, they study well and achieve their dreams. So, the future I Imagine is not just about dreams, but also about hope and responsibility. It is about creating a world where everyone can live peacefully. ~ Gursimran Kaur (XI Commerce)

DO WE STILL FEEL CONNECTED TO OUR ROOTS?

In today's modern world, life is moving faster than ever before. We live in time where technology, social media and global trends shape the way we think or act. But sometimes, when we pause for a moment, we may wonder -"Do we still feel connected to our roots?

It's not only about our family but about our tradition, culture and values that have been passed on for generations. For many people, the connection to roots can still be felt strongly. We celebrate festivals and follow customs. These small practices remind us of where we came from and help us carry forward the wisdom of past.

I believe that our roots can never completely vanish. They live within us through memories and stories. Even if we adapt to modern lifestyle, we carry a piece of our culture within us. What matters is that we can make an effort to stay connected. I feel we are standing on a crossed path, where one path leads to complete modernization and the other reminds us to stay grounded and connected. The best we can do is embracing the change while still valuing our roots because, without roots, even the stronger tree cannot stand still. ~ Jasleen Kaur (XII Commerce)

ECOFLOW WATER REUSE SYSTEM

Reverse Osmosis (RO) water purifiers are widely used to provide clean drinking water, but they come with significant inefficiencies. According to the World Economic Forum, an average RO purifier wastes approximately 3 litres of water for every 1 litre of purified water. This means only 25% of the input water is consumed as drinking water, while the remaining 75% is discharged as reject water. Based on average drinking water consumption per person and the RO wastage ratio (around 3 litres waste for every 1 litre of purified water), the estimate is that ≈ 919 million litres are rejected daily across India. This staggering loss highlights the urgent need for water reuse mechanisms.

One practical solution that I figured out is to use waste-water sprinkler system. Instead of letting the reject water flow into drains, it can be collected in a storage tank and repurposed for plant sprinkling. Sprinkler heads distribute this water efficiently, while simple filters / mash at the water inlet pipe can prevent clogging in the motor used to pump the water. The World Health Organization stresses both access to safe drinking water and the importance of water-use efficiency. By capturing RO reject water for sprinkling can conserve millions of litres of fresh water daily, making a measurable contribution to sustainability. ~ Kavanbir Singh Jhajj (XI Science)

A BORDERLESS WORLD

Imagine a world where borders are torn, No lands foreign and no one's forlorn. Mountains rise high, but not divide, Skies stretch high and oceans go wide. No border's carved for hunger and greed, A borderless world is yet to proceed. Voices linger but none to deceive,

A world of dignity where no one will grieve. Differences bloom, culture gleams, Within joyful screams.

Love spreads on the canvas of hearts, Just like abstract art.

A world where people stand side by side, Dream it with me, let's make it true, A borderless world, for me and you. ~ Rashmeek Benipal (XI Science)

The Teacher's Pen

ਔਰਤ

ਔਰਤ ਹੈ ਜਗ ਜਣਨੀ, ਭਲਾ ਸਕਦੇ ਨਹੀਂ ੳਸਦੀ ਕਰਨੀ । ਔਰਤ ਦੇ ਰਚਾਇਆ ਇਹ ਸਮਾਜ, ਪਰ ਕਦੇ ਮਿਲੀ ਨਾ ਉਸਨੂੰ ਪਦਵੀ ਖਾਸ। ਔਰਤ ਦੇ ਹਨ ਵੱਖੋ ਵੱਖਰੇ ਰੂਪ , ਹਰ ਰੂਪ ਨਿਭਾਉਂਦੀ ਹੈ ਉਹ ਬਾਖੂਬ। ਔਰਤ ਹੈ ਮਾਂ ਭੈਣ ਤੇ ਪਤਨੀ , ਮਰਦ ਸਮਝ ਦਾ ਜਿਸ ਨੂੰ ਜੁੱਤੀ ਆਪਣੀ । ਔਰਤ ਨੇ ਹਰ ਖੇਤਰ ਵਿੱਚ ਮਾਰੀ ਬਾਜ਼ੀ , ਪਰ ਮਰਦ ਇਸ ਨੂੰ ਮੰਨਣ ਲਈ ਨਹੀਂ ਰਾਜ਼ੀ । ਔਰਤ ਹੈ ਮਦਦ ਤੋਂ ਬਿਨਾਂ ਅਧੂਰੀ, ਹਰ ਮੋੜ ਤੇ ਉਸਨੂੰ ਮੱਦਦ ਹੈ ਜਰੂਰੀ । ਔਰਤ ਹਮੇਸ਼ਾ ਹੁੰਦੀ ਅੱਤਿਆਚਾਰਾਂ ਦਾ ਸ਼ਿਕਾਰ , ਮਰਦ ਲਈ ਤਾਂ ਉਹ ਕੇਵਲ ਹੁਸਨ ਦੀ ਸਰਕਾਰ । ਔਰਤ ਹੈ ਪਿਆਰ ਤੇ ਕਰੂਣਾ ਦਾ ਰੂਪ, ਦਾਜ ਦੀ ਲੱਤ ਵਿੱਚ ਜਿਸਨੂੰ ਜਿਉਂਦੇ ਹੀ ਦਿੰਦੇ ਫੂਕ । ਔਰਤ ਸਕਦੀ ਹੈ ਬਦਲ ਸਮਾਜ , ਕੀ ਇਸ ਕੰਮ ਵਿੱਚ ਤੁਸੀਂ ਦੇਵੋਗੇ ਉਸਦਾ ਸਾਥ ? ਔਰਤ ਹੈ ਜਗ ਜਨਣੀ ਭੁਲਾ ਦਿੰਦੇ ਹੋ ਕਿਉਂ ਉਸਦੀ ਕਰਨੀ ? ~ ਮਨਪ੍ਰੀਤ ਕੌਰ (TGT Punjabi)



Creative Strokes by Students





Sukhmani Kaur (IV Venus)



Krishti Verma (IX Red)



Akshita Verma (IV Venus)



Angel Mittal (VIII Red)



Ambika (X Red)



Loveneesh Kaur (IX Red)



Mannat (VI Red)



Amazing Science Facts



- 1. There are more bacterial cells than human cells in your body.
- 2. Babies are born with about 300 bones, which fuse to 206 in adulthood.
- 3. The human brain operates on a low power of 10 to 20 watts.
- 4. A day on Venus is longer than a year on Venus.
- 5. The Eiffel Tower grows taller in the summer due to thermal expansion.
- 6. Water can boil and freeze at the same time at a specific "triple point".
- 7. Some metals, like potassium and sodium, explode on contact with water.
- 8. Helium can become a "superfluid" and defy gravity when cooled.
- 9. Lightning is hotter than the surface of the Sun, reaching temperatures of around 30,000 kelvins.
- 10. Some fungi can turn ants into "zombies" by manipulating their nervous systems.
- 11. Male seahorses get pregnant and give birth.
- 12. Some frogs, like the wood frog, can freeze solid and later ~ Ms. Jagdeesh Kaur (PGT Chemistry)