



## Feature Story



### Winners All the Way

The Under-14 and Under-19 Girls' Basketball Teams of Mount International School delivered commendable performances at the Sahodaya School Complex Ludhiana East, Khanna Inter-School Basketball Competition 2025–26, showcasing determination, skill, and sportsmanship. Both teams secured Silver Medals after a series of competitive matches, demonstrating excellent teamwork, discipline, and strategic play throughout the tournament. Their consistent performance and collective effort also earned the school the Overall Trophy, marking a notable achievement in inter-school basketball. The accomplishment reflects the school's continued emphasis on physical fitness, team spirit, and the holistic development of students through sports.

### Together We Celebrate - Annual Class Presentations



Our school conducted its Annual Class Presentations 2025, where students from kindergarten to grade XI showcased confidence, creativity and values through well-planned thematic performances. The programme began with the Kindergarten presentation "Colours of Joy," on day 1 followed by grades I and II on day 2 highlighting moral and emotional themes through "Pinocchio" and "A Mother's Embrace." grades III and IV presented inspiring stories of courage and adventure on day 3, while grades V and VI focused on relationships through themes of father's love and friendship on day 4. The celebrations concluded on day 5 with grades VII to XI depicting school life and patriotism through skits, dance, and musical performances. The presentations reflected the school's commitment to holistic education, nurturing creativity, confidence, and values beyond academics.



### Parikshit Rattan & Ms. Babli Sharma Honoured at FAP Awards 2025



Parikshit Rattan of grade V was conferred the Pride of India - Sports Achievement Award (Student Category) at the FAP National Awards 2025, held at Chandigarh University, Gharuan. A promising chess player, Parikshit has consistently demonstrated strategic excellence and competitive maturity, securing victories at state-level chess tournaments and representing his calibre at national-level competitions. His achievements at such a young age reflect dedication, discipline, and a deep understanding of the sport.

Ms. Babli Sharma, HOD Mathematics, was honoured with the Pride of School Award at the FAP National Awards 2025, held at Chandigarh University, Gharuan. The award recognises her sustained dedication, academic leadership, and significant contribution to teaching excellence. Known for her strong command of the subject and commitment to student development, Ms. Sharma has played a key role in strengthening mathematical learning within the school.





# Sports & Co-curricular Achievements

## Punjab Primary School Games 2025

### Commendable Show in Shot Put

The students of primary grades delivered commendable performances in the Primary School Games U-11 Shot Put. At the Centre Level, Jodhveer Singh (gold) and Gurmukh Singh (silver) in the boys' category, along with Jasnoor Kaur (gold) and Avreen Kaur (silver) in the girls' category, displayed impressive performances, qualifying for the next stage. At the Block Level, Jasnor secured the Gold Medal, while Avreen won the Silver Medal, earning selection for the District Level Championship. Continuing her strong performance at the District Level, Jasnoor clinched the Silver Medal and further qualified for the State Level Championship.



### Medal Basket in Karate

The karate kids delivered an impressive performance across the Block and District Level School Games, bringing laurels to the institution. At the Block Level Tournament, gold medals were won by Yahna Garg, Manya Garg, Jasnoor Kaur, Rudra Rawat, and Navjot Singh, while several others secured silver and bronze positions. Advancing to the District Level, Jasnoor Kaur earned a Silver Medal in the girls' category, Rudra Rawat clinched Gold, and Navjot Singh secured Bronze in the boys' category. A special commendation goes to Rudra Rawat, who further qualified for the State Level Championship.

### Chess Players Bring Glory

Our Chess team delivered an exceptional performance at both the Block and District Level School Games. At the Block Level Tournament, Parikshit Rattan, Kavesh Vats, Gurfateh Singh, Alek Oberoi, and Tanush Bhardwaj clinched Gold Medals, securing qualification for the District Level Championship. Continuing their winning streak, the team once again dominated the District Level Tournament, where all five players won Gold Medals. Adding to this proud achievement, Parikshit Rattan and Kavesh Vats were selected to represent the district at the State Level Championship. At the State Level, both Kavesh and Parikshit showcased remarkable strategic thinking and composure, earning Bronze Medals.

### Kicking Ahead with Confidence and Golden Goals



The U-11 students delivered a commendable performance in the Centre Level School Games, clinching Gold Medals in Football (Boys and Girls) and securing 3rd Position in Tug-of-War (Boys). Their excellence continued at the Block Level where the school's football team earned a 2nd Position. Adding to this achievement, Jodhveer Singh, Ekjot Singh, and Gurfateh Singh were selected for the District Level Tournament, bringing further pride and recognition to the school.

### Gold on the Court



The primary badminton team delivered an outstanding performance at the Primary Block Level Badminton Tournament, clinching the Gold Medal. The team comprising Royaldeep Singh, Gurmukh Singh, Naunihal Singh Jhaji, Rayan Aneja, and Harshaan Singh displayed excellent agility, coordination and sportsmanship throughout the competition.

### Bronze Medals at Sahodaya Athletics Meet



Another achievement is added to our school's sporting record at the Sahodaya School Complex East Zone (Khanna) Athletic Tournament 2025-26. Our student Gurtaj Singh Grewal of grade VII delivered an impressive performance, securing Bronze Medals in two events - the 400 M race and the 80 M hurdles. His display of endurance, discipline, and competitive spirit earned appreciation from officials and spectators alike.

### Shuttling to Success



Parishi Kaur, Vanya Bedi, and Parinoor Kaur, represented Mount International School in the Under-14 Girls' category at the Sahodaya School Badminton Competition held at The Superior World School.

With remarkable skill, focus, and teamwork, they secured the Third Position, bringing pride and recognition to the school.

### Our Chess Stars Conquer Zonal Level



Our students delivered an outstanding performance at the Sahodaya School Complex Ludhiana East (Khanna) Inter-School Chess Competition in the U-14 Boys category. The team comprising Devansh Pathak, Gurtaj Singh Grewal, Simardeep Singh, Raja Singh, and Parikshit Rattan secured the Gold Medal, displaying exceptional strategic skills and strong team coordination.

### Gold Medal in Shot Put



Aishpreet Kaur Panaich of Grade XI added another feather to the cap of our school at the Sahodaya School Competition (East Khanna) as she clinched the Gold Medal in the Under-17 Girls Shot Put event. Displaying remarkable strength, focus, and technique, she delivered an outstanding performance against strong competition.

## Students Shine at Sangeet Utsav Satyug Competitions 2025



The students delivered remarkable performances at the Satyug Darshan Sangeet Kala Kendra's SANGEET UTSAV SATYUG 2025, showcasing creativity, talent, and artistic excellence across multiple categories. At the Primary level, Saanvi Sood secured the First Prize, while Akshita Verma won the Second Prize. In the Elementary category, Shiksha Suman achieved First Prize, Amanpreet Kaur secured Third Prize. At the Secondary level, Harpreet Kaur was awarded Second Prize. Additionally, Shagunpreet Kaur, Aishleen Kaur, Vanya Jindal, Shabad, and Samiksha Bhardwaj participated in the Rangoli Competition and secured First Position at the city level, qualifying for the State-Level Competition.



# Co-curricular Achievements

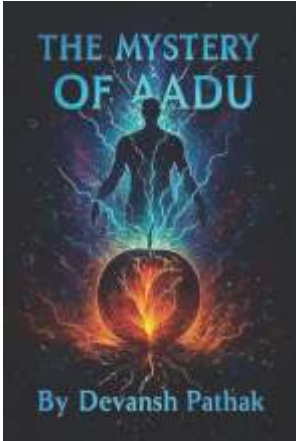
## State-Level Triumph: Sukhman and Shaganpreet Excel at “ਨਵੇਂ ਦਿਸਹੱਦੇ” Competition



We proudly celebrated another significant cultural milestone as its talented students brought laurels at the State-Level Competitions 2025–26 organised by ਸਿੱਖਿਆ ਅਤੇ ਕਲਾ ਮੰਚ, ਪੰਜਾਬ – “ਨਵੇਂ ਦਿਸਹੱਦੇ” and held at Mata Gujri College, Sri Fatehgarh Sahib. Sukhman Singh (Grade XII) delivered a soulful rendition of Punjabi folk music, securing the Third Prize and winning wide appreciation for his expressive performance, musical skill, and deep connection with the folk tradition. In parallel, Shaganpreet Kaur (Class XI) impressed the judges with her exceptional creativity and technical finesse in painting, earning the Second Prize for her artistic expression and thoughtful composition.



## Young Author Devansh Pathak Publishes “AADU’s Mystery” on Amazon



We proudly congratulates Devansh Pathak of grade VII for publishing his debut book, “The Mystery of AADU: A Glowing Power Rises...” (AADU’s Mystery Book 1), now available on Amazon Kindle. The thrilling story follows Aadu’s discovery of a mysterious glowing fruit, unleashing power, danger, and destiny in a gripping tale of adventure and suspense. Devansh’s remarkable creativity, imagination, and dedication at such a young age is truly inspiring. We encourage students,

parents, and book lovers alike to read and support this young author on Amazon, celebrating his achievement and motivating him to continue his literary journey. Scan QR to read.



## Sahodaya Group Dance Competition



Our school participated in the Sahodaya Inter-School Two-State Group Dance Competition. The event witnessed captivating performances by students from six schools, showcasing cultural diversity, rhythm, and coordinated artistry. Our school’s dance team delivered a confident and well-synchronised performance, earning Third Position in the competition. The achievement stands as a testament to the students’ talent and the dedicated guidance of their mentors.

## Soulful Tribute to Supreme Sacrifice



During the observance of the Shahidi Days, our school released a heartfelt tribute song titled “Lal Guru Gobind De” on YouTube, dedicated to the supreme sacrifice of the Sahibzaade of Shri Guru Gobind Singh Ji. The soulful rendition has been sung by the our school students, reflecting deep devotion. The initiative stands as a humble tribute to the immortal legacy of the Sahibzaade and aims to spread their message of faith and sacrifice. Scan QR to listen.



# Learning Beyond Classrooms

## Getting Digital Ready



A Cyber Security Workshop for students of grades VIII to X is organised in the school auditorium to promote awareness about safe and responsible digital practices. The session was conducted by Mr. Vivek Kaushal, HOD (IT), and Ms. Indu Bala, PGT Computer Science, who sensitised students on safe online behaviour, responsible use of social media, data protection, and identification of cyber threats such as phishing and online fraud. Through interactive discussions and practical demonstrations, students were equipped with essential skills to navigate the digital space responsibly.

## Mohiniyattam - Elegance & Expressions



The SPIC MACAY, Ludhiana organised a Mohiniyattam Workshop to introduce students to the grace and depth of India’s classical dance heritage. The workshop provided students with an opportunity to experience the elegance, rhythm, and expressive storytelling of Mohiniyattam. Through guided movements and demonstrations, students gained insight into the discipline, cultural significance, and artistic traditions of the dance form.

## Know Your Financial Market

Students of grades XI and XII attended an educational workshop on the Financial Market at RIMT University. The session enhanced their understanding of market dynamics and financial concepts. In addition to finance, students were also introduced to various academic and career avenues, including Fine Arts, Computer Science & Artificial Intelligence, and Hotel Management.



## Where Learning Meets Fun - Winter Carnival

Winter Carnival is organised with great enthusiasm and participation from students, parents and the community. The event was inaugurated by the Chief Guest Mr. Manpreet Singh Chattwal, IAS (retd.). The carnival offered a day full of fun and excitement, featuring a magic show, puppet show, Zumba, Camel ride, other rides and a wide variety of food and shopping stalls. Students enthusiastically took part in the dance competition, clay modeling competition, and art competition, showcasing their creativity and talent. A major highlight of the event was the raffle draw, where lucky winners were awarded exciting prizes amid cheers and celebration. The lively atmosphere, vibrant music, and joyful participation made the Winter Carnival a memorable experience for all. The event concluded with the announcement of raffle ticket prizes, marking a perfect end to a day filled with joy, creativity, and togetherness.





# Literary Corner



## Creative Strokes by Students



Pratyaksha (V Neptune)



Inayat Kaur (I Tulip)



Gurnaaz Singh (I Hibiscus)



Zorawar Singh (II Topaz)



Rudra Rawat (V C)



Parishi Kaur (VIII)



Nehmat (V A)



Samiksha (VIII)



Shaganpreet Kaur (XI)

## Students' Spotlight

### AMAZING FACTS

- Mercury is also called the "Shrinking Planet" because it is gradually getting smaller every year.
- The mass of the Earth is approximately  $5.97 \times 10^{24}$  kilograms.
- The diameter of the Earth is about 12,756 km.
- The surface temperature of the Sun is approximately 5,800 K.
- The core temperature of the Sun is estimated to be around 15 million K.
- A day on Venus is longer than a year on Venus.
- Jupiter has the fastest rotation (spin) of all the planets in the solar system.
- Sharks existed before dinosaurs.
- Some species of sharks can glow in the dark.
- If most sharks stop swimming, they may sink because they lack swim bladders.
- Many buildings in Paris traditionally do not display the number 13 due to superstition.
- In the UK, 2,652,656 copies of Harry Potter and the Deathly Hallows were sold in one day, making it the largest one-day book sale ever recorded.
- TON 618 is one of the largest known black holes in the universe.
- The human brain can perform up to 38,000 trillion operations per second and has an estimated memory capacity of around 2.5 - 4 petabytes (PB).
- Diana Griffiths from England reportedly sneezed continuously for 978 days, from January 13, 1981, to September 16, 1983

~ Sukhraj Singh (IX Red)

### THE WISH TO FLY

The rain starts to fall,  
He does not stand tall.  
He keeps his head low,  
Has nowhere to go.  
He sits very still  
Upon a small hill.  
He wishes he could fly  
Far up in the sky.

### NO MORE SMILES

No more smiles,  
He looks at the door,  
But smiles—no more.  
He feels so small  
Behind the wall.  
He just wants to play  
And have a good day,  
But his heart is still sore,  
Right to its core.

~ Vaibhav Kumar (IX Red)

### THE MYSTERY OF AADU

I am Devansh Pathak, a student of grade VII. I have recently published my first novel, 'The Mystery of Aadu', which is based on mysterious and imaginative elements. The book became available for purchase worldwide on December 16, 2025, across all Amazon marketplaces. The story is narrated from the perspective of a non-living object that comes alive and is gifted with magical powers. You may wonder why I chose aadu from among many fruits and non-living objects for this story. Aadu is a fruit (known as a peach in English) whose name itself sounds mysterious, as if it holds a secret waiting to be uncovered. I want to express my heartfelt gratitude to my parents and my teachers, especially my loving English teacher, Ms. Sharanjeet Kaur, who inspired and guided me throughout this writing journey. I would like to recommend my book to everyone who wishes to enrich their imagination and creativity.

~ Sehajdeep Garcha (XI Commerce)

### THE FUTURE I IMAGINE

When I think about the future, I feel both excited and curious. The future I imagine is full of happiness, peace, and growth. I dream of a world where people live together with love and respect. There will be no fights, no hatred, and no discrimination. Everyone will be treated equally, whether rich or poor. However, instead of making our country more developed than others, many of our youngsters migrate to other nations as engineers, doctors, etc., in search of better packages and facilities. I believe Indians have immense creativity and skills. They should not leave their country, but due to a lack of employment opportunities and a better working environment, they prefer other nations. My dream for our nation seems to be fading. Nowadays, people do not respect elders, and discrimination has increased. The leaders of the government are not taking sufficient steps to solve our nation's problems such as poor roads, unemployment, lack of facilities, and weak infrastructure. There is also a lack of unity among states. I believe the government plays a very important role in shaping the future of a nation. In other words, the government is the backbone of the nation.

## The Teacher's Pen

**ਵੱਡੇ ਅਤੇ ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਦੀ ਸ਼ਹਾਦਤ**  
ਵੱਡੇ ਸਾਹਿਬਜ਼ਾਦੇ- ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਜੀ ਅਤੇ ਸਾਹਿਬਜ਼ਾਦਾ ਜੁਝਾਰ ਸਿੰਘ ਜੀ, ਦਸਵੇਂ ਪਾਤਸ਼ਾਹ ਸ਼੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ ਵੱਡੇ ਪੁੱਤਰ ਸਨ। ਉਹ ਬਚਪਨ ਤੋਂ ਹੀ ਸ਼ਸਤਰ-ਵਿਦਿਆ, ਘੋੜਸਵਾਰੀ ਅਤੇ ਗੁਰਮਤਿ ਦੀ ਸਿੱਖਿਆ ਵਿੱਚ ਨਿਪੁੰਨ ਸਨ। ਉਨ੍ਹਾਂ ਦੇ ਜੀਵਨ ਦਾ ਮਕਸਦ ਧਰਮ, ਇਨਸਾਫ਼ ਅਤੇ ਮਨੁੱਖਤਾ ਦੀ ਰੱਖਿਆ ਕਰਨਾ ਸੀ। 1705 ਈਸਵੀ ਵਿੱਚ ਚਮਕੌਰ ਦੀ ਗੜ੍ਹੀ ਵਿੱਚ ਮੁਗਲ ਫੌਜ ਅਤੇ ਪਹਾੜੀ ਰਾਜਿਆਂ ਨੇ ਗੁਰੂ ਸਾਹਿਬ ਅਤੇ ਥੋੜ੍ਹੇ ਜਿਹੇ ਸਿੱਖਾਂ ਨੂੰ ਘੇਰ ਲਿਆ। ਵੱਡੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਨੇ ਗੁਰੂ ਪਿਤਾ ਤੋਂ ਆਗਿਆ ਲੈ ਕੇ ਮੈਦਾਨ-ਏ-ਜੰਗ ਵਿੱਚ ਉਤਰਨ ਦਾ ਫੈਸਲਾ ਕੀਤਾ। ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਜੀ ਲਗਭਗ 18 ਸਾਲ ਦੀ ਉਮਰ ਵਿੱਚ ਅਦਭੁਤ ਬਹਾਦਰੀ ਨਾਲ ਲੜਦੇ ਹੋਏ ਸ਼ਹੀਦ ਹੋਏ। ਉਨ੍ਹਾਂ ਨੇ ਕੁਝ ਸਿੱਖਾਂ ਦੇ ਨਾਲ ਮਿਲ ਕੇ ਵੱਡੀ ਮੁਗਲ ਫੌਜ ਦਾ ਡਟ ਕੇ ਮੁਕਾਬਲਾ ਕੀਤਾ ਅਤੇ ਧਰਮ ਦੀ ਰੱਖਿਆ ਕਰਦੇ ਹੋਏ ਵੀਰਗਤੀ ਨੂੰ ਪ੍ਰਾਪਤ ਹੋਏ। ਵੱਡੇ ਭਰਾ ਦੀ ਸ਼ਹੀਦੀ ਦੇ ਬਾਅਦ ਸਾਹਿਬਜ਼ਾਦਾ ਜੁਝਾਰ ਸਿੰਘ ਜੀ, ਜੋ ਉਸ ਵੇਲੇ ਕਰੀਬ 14 ਸਾਲ ਦੇ ਸਨ, ਗੁਰੂ ਜੀ ਦੀ ਆਗਿਆ ਨਾਲ ਜੰਗ ਵਿੱਚ ਉਤਰੇ। ਉਨ੍ਹਾਂ ਨੇ ਵੀ ਅਸਾਧਾਰਨ ਹਿੰਮਤ ਦਿਖਾਈ ਅਤੇ ਦੁਸ਼ਮਣ ਨਾਲ ਲੜਦੇ ਹੋਏ ਸ਼ਹੀਦ ਹੋ ਗਏ। ਵੱਡੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਦੀ ਸ਼ਹੀਦੀ 21 ਦਸੰਬਰ 1705 ਈਸਵੀ ਨੂੰ ਚਮਕੌਰ ਦੀ ਗੜ੍ਹੀ ਵਿੱਚ ਹੋਈ।

ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦੇ - ਸਾਹਿਬਜ਼ਾਦਾ ਜੋਰਾਵਰ ਸਿੰਘ ਜੀ ਅਤੇ ਸਾਹਿਬਜ਼ਾਦਾ ਫਤਿਹ ਸਿੰਘ ਜੀ - ਦਸਵੇਂ ਪਾਤਸ਼ਾਹ ਸ਼੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ ਛੋਟੇ ਪੁੱਤਰ ਸਨ। ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਦੀ ਸ਼ਹੀਦੀ ਸਿੱਖ ਇਤਿਹਾਸ ਦਾ ਬਹੁਤ ਹੀ ਮਹਾਨ ਤੇ ਦਿਲ ਨੂੰ ਫੂਹਣ ਵਾਲਾ ਅਧਿਆਇ ਹੈ। 1705 ਈਸਵੀ ਵਿੱਚ ਸਰਹਿੰਦ ਦੇ ਨਵਾਬ ਵਜ਼ੀਰ ਖ਼ਾਨ ਨੇ ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਨੂੰ ਗ੍ਰਿਫ਼ਤਾਰ ਕਰਵਾ ਲਿਆ। ਉਸ ਸਮੇਂ ਸਾਹਿਬਜ਼ਾਦਾ ਜੋਰਾਵਰ ਸਿੰਘ ਜੀ ਦੀ ਉਮਰ ਲਗਭਗ 9 ਸਾਲ ਅਤੇ ਸਾਹਿਬਜ਼ਾਦਾ ਫਤਿਹ ਸਿੰਘ ਜੀ ਦੀ ਉਮਰ ਲਗਭਗ 7 ਸਾਲ ਸੀ। ਉਨ੍ਹਾਂ ਨੂੰ ਧਰਮ ਬਦਲਣ ਲਈ ਲਾਲਚ ਅਤੇ ਡਰ ਦਿਖਾਇਆ ਗਿਆ, ਪਰ ਦੋਵੇਂ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਨੇ ਆਪਣੇ ਗੁਰੂ ਅਤੇ ਧਰਮ ਤੋਂ ਮੂੰਹ ਮੋੜਨ ਤੋਂ ਸਾਫ਼ ਇਨਕਾਰ ਕਰ ਦਿੱਤਾ। ਧਰਮ ਬਦਲਣ ਤੋਂ ਇਨਕਾਰ ਕਰਨ ਕਾਰਨ ਨਿਰਦਈ ਹੁਕਮ ਅਨੁਸਾਰ ਦੋਵੇਂ ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਨੂੰ ਜ਼ਿੰਦਾ ਹੀ ਇੱਟਾਂ ਵਿੱਚ ਚਿਣਵਾ ਦਿੱਤਾ ਗਿਆ। ਇਸ ਦੁੱਖਦਾਈ ਸਮੇਂ ਦੌਰਾਨ ਮਾਤਾ ਗੁਜਰੀ ਜੀ ਨੇ ਵੀ ਆਪਣੀ ਸ਼ਹਾਦਤ ਦਿੱਤੀ। ਸਾਹਿਬਜ਼ਾਦਿਆਂ ਦੀ ਸ਼ਹੀਦੀ ਸਾਨੂੰ ਸਿਖਾਉਂਦੀ ਹੈ ਕਿ ਸੱਚ, ਧਰਮ ਅਤੇ ਇਨਸਾਫ਼ ਲਈ ਉਮਰ ਕਦੇ ਵੀ ਰੁਕਾਵਟ ਨਹੀਂ ਬਣਦੀ। ਉਨ੍ਹਾਂ ਦੀ ਕੁਰਬਾਨੀ ਅੱਜ ਵੀ ਸਾਨੂੰ ਬੇਇਨਸਾਫ਼ੀ ਦੇ ਖ਼ਿਲਾਫ਼ ਖੜ੍ਹੇ ਹੋਣ ਅਤੇ ਸੱਚੇ ਰਸਤੇ 'ਤੇ ਡਟੇ ਰਹਿਣ ਦੀ ਪ੍ਰੇਰਣਾ ਦਿੰਦੀ ਹੈ। ~ ਇੰਦਰਜੀਤ ਕੌਰ ਨਿੱਜਰ (TGT Punjabi)

## The Teacher's Pen